



BALCONI TOP TRAINING

BALCONI 2016 SOCCER SUMMER CAMP

TAKE YOUR GAME TO THE NEXT LEVEL

We are dedicated to making our athletes faster, stronger, and more skilled with their game. During our Soccer Summer Camp our focus will be:

- *Improving skill level*
- *Enhancing overall speed, quickness and explosiveness*
- *Developing balance, flexibility and core movements*
- *Working with technical and tactical drills*

CAMPS OFFERED

Youth camp (7-11 years old)

Elite camp (middle school age)



***SKILL
SPEED
STRENGTH***





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Youth Soccer Camp

Balconi will provide competitive youth soccer players with:

- Improving skill level, accuracy and precession
- Enhancing overall speed, quickness and explosiveness
- Developing balance, flexibility and core movements
- Small sided games
- Technical and tactical games

AGE: 7-11 year old boys and girls

LOCATION: Elks Center's Fields: 3320 Pennsylvania Ave.
Charleston, WV 25302

*Full Day campers will be bused to Coonskin pool

DATE: June 20-24, 2016

(Half day Friday- parents pick up at 12pm at Elk's Center's Fields)

Session:	Price:	Time:	Pickup Location:
Full Day	\$275	9 am-3 pm	*Coonskin Pool 2000 Coonskin Dr. Charleston, WV 25311
Half Day	\$215	9 am-12 pm	Elks Center's fields 3320 Pennsylvania Ave. Charleston, WV 25302

--Discount \$25 on price for additional sibling

--Discount \$25 on price, per one athlete, for Elk River & West Side Soccer

CAMP CHECKLIST:

- ✓ Soccer ball, water, mid-morning snack
- ✓ Towel, sun block
- ✓ Swimsuit, sandals for pool

Elite Soccer Camp

Balconi will provide competitive middle school soccer players with:

- Intense and challenging soccer
- Improving skill level, accuracy and precession
- Enhancing overall speed, quickness and explosiveness
- Full body strength and power
- Injury prevention, core and stability techniques

AGE: Middle school boys and girls

LOCATION: Elks Center's Fields: 3320 Pennsylvania Ave.
Charleston, WV 25302

*Full Day campers will be bused to Coonskin pool

DATE: June 20-24, 2016

(Half day Friday- parents pick up at 12pm at Elk's Center's Fields)

Session:	Price:	Time:	Pickup Location:
Full Day	\$275	9 am-3 pm	*Coonskin Pool 2000 Coonskin Dr. Charleston, WV 25311
Half Day	\$215	9 am-12 pm	Elks Center's fields 3320 Pennsylvania Ave. Charleston, WV 25302

--Discount \$25 on price for additional sibling

--Discount \$25 on price, per one athlete, for Elk River & West Side Soccer

CAMP CHECKLIST:

- ✓ Soccer ball, water, mid-morning snack
- ✓ Towel, sun block
- ✓ Swimsuit, sandals for pool



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2016 REGISTRATION FORM

Athlete name: _____

Athlete age: _____

Parent(s) name: _____

Parent(s) e-mail: _____

Parent(s) phone #: _____

Circle the camp you will be attending:

Youth Camp Middle School Camp

2016 MEDICAL RELEASE FORM

I certify that I am in excellent physical health and may participate in strenuous and hazardous activities, including the exercises at Balconi Top Training. I certify that there are no physical limitations to my participation and discharge Balconi Top Training LLC., and all its affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and /or loss suffered by me in connection with my participation in the program. I represent that I am the person named and I agree that the grant and release contained therein binds me to all of its terms.

If under 18 years of age, please fill out here:

Name of participant Date

Name of guardian

Signature of guardian Date

**Please turn registration/medical release forms into Ashleigh Woods
917 Ridgemont Rd. Charleston, WV 25314 | WVBalconi@gmail.com | 585-329-2092**

***No refunds will be given**